

## **Become a Trustee for Help and Care**

Help and Care wants to expand its Board with new Trustees with a broad range of skills, experience and backgrounds. It currently has 7.

Help and Care is a well established charity and Social Enterprise now in its 27<sup>th</sup> year. It has projects and services throughout the South and South West region and it also has a small trading company. Its headquarters are in Bournemouth.

It provides innovative support and services to older people and carers together with wider work influencing Community Health and Social Care for all.

Help and Care has ambitious plans for the future and we would welcome your goodwill and experience to contribute to our vision whereby:

- *Help and Care will support you for life...*
- *Your Life – we will help you to describe the way you want your life to be*
- *Your choices – we will help you understand your options to achieve what you want*
- *Your decisions – we will help you to make decisions about living life your way*
- *Your views – we will help you and your community speak out about what needs to be different*

Turnover is generally in the £2m – £3m per annum range and we have around 100 employees.

The Board's duty is to set the future plan and to hold the Executive to account in fulfilling that plan. Through:

- Policy Formulation and Foresight
- Strategic Thinking
- Supervising Management
- Accountability

We meet formally 6 times a year and depending on your own commitments there are plenty of informal opportunities for more involvement with your particular skills or interest should you so wish.

Being a Trustee is a voluntary position but expenses are paid.

Experience and skills in any of small business development; finance; health and social care policy; marketing and communications; legal matters; Social Enterprise; Performance and Quality Management; understanding and connection to our customers is very welcome but good common sense and an empathy with the needs of others is equally valued.

If you feel you could contribute wisely to the planning of the future wellbeing of our older people and carers in general and Help and Care as a charity in particular, please contact Mark Sharman (Chief Executive) on 0300 111 3303 or email [mark.sharman@helpandcare.org.uk](mailto:mark.sharman@helpandcare.org.uk) or Paul Hickman (Chair of Trustees) on 01202 304514 or email [pauleshickman@tiscali.co.uk](mailto:pauleshickman@tiscali.co.uk)

We look forward to hearing from you by 16<sup>th</sup> December